

Community Group Discussion Guide

THE
10 COMMANDMENTS
A GOSPEL PERSPECTIVE

Sunday, August 9, 2020

Scripture: Exodus 20:8-11

THIS WEEK'S FOCUS

The Sabbath rest that signifies God's creative and redemptive purposes has been fulfilled in Jesus Christ, who we worship daily and whose atoning work we celebrate as the Church each Lord's Day.

QUESTIONS FOR DISCUSSION *(Use along with Reading: Ante Faciem Dei)*

- What is the purpose of the 10 Commandments? What do they reveal about God and us?
- What does *Sabbath* mean? How did the rhythm of work and rest originate (verse 11; Genesis 2:2-3)? How has sin ruined it? Do you tend to overwork with little rest or over-rest while neglecting work?
- What did it mean to Israel to "remember the Sabbath day and keep it holy" (verse 8)? What was the basis for Israel's weekly Sabbath worship and celebration (verse 11; Deuteronomy 5:15).
- How had the religious leaders of Jesus' day turned the Sabbath upside down? How did Jesus combat their legalism (Mark 2:27-28)?
- How did Jesus perfectly fulfill the Sabbath? How does the Sabbath foreshadow our eternal rest in Jesus Christ (Hebrews 4:1-11)? Are you resting daily in his redemptive work or striving in your strength?
- How does Sabbath rest motivate us to serve God?
- Why do we gather for worship Sunday rather than Saturday (Acts 20:7; Revelation 1:10; 1 Corinthians 16:2), and what do we celebrate?
- Is Sabbath rest, worship, and celebration a regular rhythm of your life?