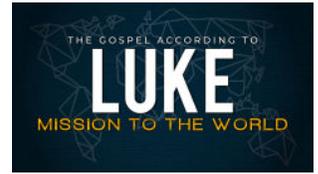


# Community Group Discussion Guide

Sunday, March 5, 2023

Scripture: Luke 6:1-11



## THIS WEEK'S FOCUS

God instituted Sabbath for the benefit of rest, which should not be rooted in legalistic obedience but in love and the gospel.

## QUESTIONS FOR DISCUSSION *(Use along with Reading: Ante Faciem Dei)*

- How was the Sabbath instituted and prescribed (Genesis 2:1-3; Exodus 20:8-11)? How is regular Sabbath practice distinct from the world?
- What is the purpose of the Sabbath? How did the religious leaders of Jesus' day corrupt the Sabbath, and why? What did they miss in their zealous attempts to protect the fourth commandment?
- Why do we have a tendency to corrupt the good gifts God provides?
- What does Jesus reveal about himself in his response to the Pharisees (verse 5)? What principle is Jesus teaching about the Sabbath with his reference to David and by graciously restoring a man's withered hand (verses 3-5, 9; Hosea 6:6)?
- Like the self-righteous Pharisees, do you elevate personal standards over people's needs?
- How does Jesus fulfill the Sabbath (Matthew 11:28-30)? How did he secure our rest and defeat our restlessness?
- How does the principle of Sabbath rest apply to us today? Are you neglecting Sabbath rest and struggling with spiritual restlessness?
- How do we faithfully practice Sabbath rest without turning it into a means of earning God's favor or people's esteem? What practical ways can you re-incorporate the Sabbath in your life? Discuss how resting in Christ energizes our faith and pursuit of God's glory.
- When will we finally experience perfect rest?
- How does it find its completion in the gospel and the finished work of Christ? What does it mean for us today?