

# Community Group Discussion Guide

Sunday, December 29, 2024

Scripture: Proverbs 4:23

## THIS WEEK'S FOCUS

The heart is of utmost importance for living wisely, and Christ gives a new heart for growing and developing wisdom in this world.

## QUESTIONS FOR DISCUSSION *(Use along with [Reading: Ante Faciem Dei](#))*

1. How are the proverbs/wisdom rooted in the created order? How can they help us avoid extremes in life?
2. How does the Bible define "heart" (verse 23b)? In contrast with Scripture, what is the world's philosophy of the heart?
3. Explain the need to guard our hearts. What are some ways physical behaviors negatively affect our spiritual health?
4. How does our heart affect those around us (community)?
5. How are you modeling the discipline of guarding your heart to your family, friends, and others in your sphere of influence?
6. Reflecting on your life, when do you tend to let your guard down? As Christians, how can we actively battle attacks from the world and our Enemy?
7. Discuss how the gospel is necessary for heart transformation (Ezekiel 3:26-27).