

Adult Discipleship  
Spiritual Disciplines  
Week 4: Prayer

**Historical Figure Spotlight:**

**Charles Spurgeon; John Newton; John Wesley**

**Martin Luther:** “I have so much to do today, that I shall spend the first three hours in prayer.”

**D.A. Carson:** “It is better to pray often with brevity than rarely but at length.”

**Introduction:**

**Definition:** “Practices found in Scripture that promote spiritual growth among believers in the gospel of Jesus Christ.” (Whitney, 4)

**The Gospel:** Our standing with God, in Jesus Christ, by grace through faith is not defined by how goodly we practice the spiritual disciplines.

**Prayer:** Talking to God.

**Prayer**

- I. Different \_\_\_\_\_ of Prayer
  - A. Thanksgiving – Psalm 107:1
  - B. Repentance – Psalm 51
  - C. Requests – Philippians 4:6
  - D. Lament – Psalm 94:1
- II. Access of Prayer
  - A. \_\_\_\_\_ – Luke 18:11
  - B. \_\_\_\_\_ – Hebrews 10:4
  - C. \_\_\_\_\_ – Hebrews 4:14-16
- III. \_\_\_\_\_ to Prayer
  - A. \_\_\_\_\_ – Psalm 66:18
  - B. \_\_\_\_\_ – 1 Peter 3:7
  - C. Rejection of God – Proverbs 15:8
- IV. The \_\_\_\_\_ of Prayer
  - A. Our \_\_\_\_\_ in Prayer are...

i. Demonstrated

ii. \_\_\_\_\_

B. Prayer must be accurate...

i. In \_\_\_\_\_ –

ii. In \_\_\_\_\_ –

C. Biblically \_\_\_\_\_

i. Read, study, and meditate on the Bible for prayer

1. Psalm 1

2. Luke 11:1-13

3. Ephesians 3:14-21

ii. Look for texts to \_\_\_\_\_ in prayer your prayer life

1. Psalm 119

2. Philippians 1:9-11

3. Colossians 1:9-13

4. Revelation 5

iii. \_\_\_\_\_ biblical prayers/praises/laments/requests

1. Psalms 1-150

2. Luke 1:46-55; 67-79

3. 2 Thessalonians 3:1-5

4. Colossians 4:2-6

### **Gospel-Centered Resources**

Donald S. Whitney: *Praying the Bible*

D.A. Carson: *A Call to Spiritual Reformation*

Charles Spurgeon: *Spurgeon on Prayer and Spiritual Warfare*

E.M. Bounds: *E.M. Bounds on Prayer*

Joseph C. Harrod: *40 Questions About Prayer*

Tim Keller: *Prayer: Experiencing Awe and Intimacy with God*

**Next Week:** Off

**February 26:** Fasting